

### MONDAY

MEAL DEAL

Choose from

Veggie 🕝

or Pork or Chicken Sausage (H)

served with Mashed Potato, Gravy & Veg.

Plus... a Dessert of the day

**Veggie & Mixed Bean Burrito** 

served with Wedges 🕤

£2.65

£1.95

### TUESDAY

# MEAL DEAL

£2.65

Choose from

Quorn 😽

or Beef Pasta Bolognese (H)

served with Sides

Plus... a Dessert of the day

Korean BBQ Tofu £1.95

served with Rice v

WEDNESDAY

MEAL DEAL £2.65

Choose from

Quorn 👸

or Pork or Chicken Roast H

served with Crispy Potatoes, Veg and Gravy
Plus... a Dessert of the day

Penne Pasta Arrabiata £1.95

served with Garlic & Oregano Bread 👽

THURSDAY

MEAL DEAL £2.6

Choose from

Mac & Cheese with Chilli Squash &

or Peri Peri Chicken (H)

served with Sides

Plus... a Dessert of the day

Chickpea & Butternut Rogan Josh

served with Rice • £1.95

FRIDAY

MEAL DEAL £2.65

Choose from

Sweet Chilli Quorn Dipper Wrap or Battered Fish

served with Chips and Veg
Plus... a Dessert of the day

Margherita Pizza served with Chips

£1.95

JACKETS Served with a selection of toppings including Grated Cheddar, Tuna or Salmon Mayonnaise, Baked Beans, + daily hot specials

FRESH SEASONAL VEGGIES AVAILABLE EVERY DAY



Low carbon meals have at least 38% lower carbon emissions then the average meal. Learn more about this calculation at www.eatcoolfood.org

Plant Based

**V** Vegetarian

Halal option available

Cf Low Carbon



## MONDAY

### TUESDAY

### MEAL DEAL £2.65

Choose from

Hoisin Tofu 😙 😭

or Hoisin Chicken Meatballs (H)

served with Rice and Veg Plus... a Dessert of the day

# MEAL DEAL

Choose from

Mac & Cheese topped with Roasted Herby Mushroom 😙 🗸

or Sweet Mediterranean Chicken (H)

served with Sides Plus... a Dessert of the day

### **Veggie & Mixed Bean Fajita**

served with Cajun Wedges 🕤 £1.95

**Masala Paneer Chataco** 

served with Rice £1.95

WEDNESDAY

MEAL DEAL

Choose from

Cheese and Onion Pasty &

or Honey Glazed Roast Gammon or Roast Chicken (H)

served with Roast Potatoes, Veg and Gravy Plus... a Dessert of the day

THURSDAY

# MEAL DEAL

Choose from

Mexican Chicken Style Strips @ ?

or Mexican Chicken (H)

served with Spicy Rice and Sides Plus... a Dessert of the day

FRIDAY

MEAL DEAL £2.65

Choose from

**Quorn Nuggets** 

or Fish Cake in a Bun

served with Chips and Veg Plus... a Dessert of the day

Penne Pasta with Tuscan Bean sauce

served with Garlic Bread \$\cdot \frac{1}{2} \cdot \frac{1}{2} \cd

**Margherita Pizza** served with Paprika Wedges v

£2.65

Thai Veggie Noodles o

JACKETS Served with a selection of toppings including Grated Cheddar, Tuna or Salmon Mayonnaise, Baked Beans, + daily hot specials

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### MONDAY

Choose from

Quorn Balls &

or Chicken & Sweetcorn Meatballs of H

served in Tomato Pasta with Sides

Plus... a Dessert of the day

MEAL DEAL

### TUESDAY

# MEAL DEAL

Choose from

Veggie Chilli 😙 😯

or Beef Chilli Con Carne (A)

served with Rice and Sides Plus... a Dessert of the day

**Margherita Pizza** 

served with Garlic & Paprika Wedges

Masala Paneer Burroti

served with Rice v

## WEDNESDAY

### THURSDAY

### FRIDAY

MEAL DEAL # £2.65

Choose from

Korean BBQ Veggie Hot Dog 😭

or Battered Fish

served with Chips and Veg Plus... a Dessert of the day

MEAL DEAL

Choose from

Lentil Cottage Pie 😙 🗸

or Roast Chicken or Roast Pork (A)

served with Roast Potatoes, Veg and Sides Plus... a Dessert of the day

# MEAL DEAL

Choose from

Mac & Cheese with Southern Fried Cauliflower & V or BBQ Chicken (H)

served with Sides Plus... a Dessert of the day

**Bean Empanada** £1.95

served with Garlic & Herb Wedges

### **Penne Pasta with Tomato** and Herb Sauce

£1.95 served with Garlic Bread 😭

### Quorn & Aubergine Mousakka o

JACKETS Served with a selection of toppings including Grated Cheddar, Tuna or Salmon Mayonnaise, Baked Beans, + daily hot specials

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