

THIS Week

MONDAY

MEAL DEAL

Choose from

**Veggie Sausage Hot Dog
with BBQ Onion Relish** 🌱 Ⓒf

**or Pork Sausage Hot Dog
with BBQ Onion Relish**

served with Garlic & Herb Wedges & Veg

Plus... a Dessert of the day

Szechuan Tofu

served with Rice 🌱

TUESDAY

MEAL DEAL

Choose from

Masala Paneer Quasapatti 🌱 Ⓒf
or Beef Keema or BBQ Chicken

served with Rice & Sides

Plus... a Dessert of the day

Penne Pasta in a Tomato & Herb Sauce

served with Garlic & Oregano Bread 🌱

WEDNESDAY

MEAL DEAL

Choose from

Cheese and Onion Pasty 🌱 Ⓒf
or Roast Pork or Chicken

served with Roast Potatoes, Veg and Gravy

Plus... a Dessert of the day

Thai Vegetable Noodles 🌱

THURSDAY

MEAL DEAL

Choose from

Mexican Chicken Style Strips 🌱
or Mac & Cheese Ⓒf

served with Korean BBQ Cauliflower & Sides

Plus... a Dessert of the day

Roasted Vegetable & Feta Wraps

served with Paprika Wedges 🌱

FRIDAY

MEAL DEAL

Choose from

Sweet Chilli Quorn Dipper Wrap 🌱 Ⓒf
or Battered Fish

served with Chips and Veg

Plus... a Dessert of the day

Channa Chataco

served with Street Rice 🌱

JACKETS Served with a selection of toppings including Grated Cheddar, Tuna Mayonnaise, Baked Beans, + daily hot specials

FRESH SEASONAL VEGGIES AVAILABLE EVERY DAY



Low carbon meals have at least 38% lower carbon emissions than the average meal. Learn more about this calculation at www.eatcoolfood.org

- 🌱 Plant Based
- 🌱 Vegetarian
- 🌱 Halal option available
- Ⓒf Low Carbon

Week 1

THIS Week

MONDAY

MEAL DEAL

Choose from

Tex-Mex Quorn Meatballs 
or **Tex-Mex Chicken Meatballs** 

served with Rice & Veg

Plus... a Dessert of the day



Penne Pasta in Arrabiata Sauce

served with Garlic Bread 

TUESDAY

MEAL DEAL

Choose from

Mac & Cheese
with **Garlic Bread** 
Or **Mac & Cheese**
with **PeriPeri chicken**

served with Sides

Plus... a Dessert of the day

Thai Veggie Noodles



WEDNESDAY

MEAL DEAL

Choose from

Quorn Dipper Katsu Curry
with **Rice & Asian Slaw** 
or **Honey Glazed Roast Gammon** or
Roast Chicken

served with Crispy Potatoes, Veg and Gravy

Plus... a Dessert of the day

Margherita 

served with Cajun Wedges

THURSDAY

MEAL DEAL

Choose from

Quorn Bolognese 
or **Beef Bolognese**

served with Pasta & Sides

Plus... a Dessert of the day

Vegetable & Mixed Bean Fajita

served with Wedges

FRIDAY

MEAL DEAL

Choose from

Tomato & Mozzarella Calzone
with **Slaw** 
or **Battered Fish**

served with Chips and Veg

Plus... a Dessert of the day

Korean BBQ Tofu 





served with Rice

JACKETS Served with a selection of toppings including Grated Cheddar, Tuna Mayonnaise, Baked Beans, + daily hot specials

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THIS Week

MONDAY

MEAL DEAL

Choose from
Quorn Balls in Tomato Sauce  
 or **Beef Meatballs in Tomato Sauce**
 served in Tomato Pasta with Sides
 Plus... a Dessert of the day

Masala Paneer Burroti


served with Street Rice 

TUESDAY

MEAL DEAL



Choose from
Sweet Chilli Buffalo Cauliflower  
 or **Mango Chicken** 
 served with Spicy Rice & Sides
 Plus... a Dessert of the day

Margherita


served with Garlic & Paprika Wedges 

WEDNESDAY

MEAL DEAL


Choose from
Quorn ChiQuin Fillet  
 or **Roast Pork or Chicken**
 served with Roast Potatoes, Veg & Gravy
 Plus... a Dessert of the day

Penne Pasta in Tuscan Bean Sauce


served with Rosemary Bread 

THURSDAY

MEAL DEAL

Choose from
Mac & Cheese with Cajun Squash  
 or **Mac & Cheese with Mexican Chicken**
 served with Sides
 Plus... a Dessert of the day

Channa Quesapatti


served with Wedges 

FRIDAY

MEAL DEAL

Choose from
Spicy Kansas BBQ Bean Burger with Wedges  
 or **Battered Fish or Fish cake**
 served with chips and Veg
 Plus... a Dessert of the day

Vegetable & Mixed Bean Burrito

served with Chips 

JACKETS Served with a selection of toppings including Grated Cheddar, Tuna Mayonnaise, Baked Beans, + daily hot specials

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Plant Based



Vegetarian



Halal option available



Low Carbon

Week 3