

MONDAY		TUESDAY	
		MEAL DEAL Choose from Veggie sausages & Mashed potatoes Or Pork or chicken sausages & Mash cf served with Gravy & Veg Plus... a Dessert of the day	MEAL DEAL Choose from Vegetable chilli corn carne v cf or Beef chilli corn carne served with Rice & Veg Plus... a Dessert of the day
		The Greek- Topped Hot Dog served with Wedges v	Penne Pasta in a Tomato & Herb Sauce served with Garlic & Oregano Bread v
WEDNESDAY		THURSDAY	
MEAL DEAL Choose from Penne Pasta in Arrabiata v cf Sauce or Roast Pork Loin or Chicken served with Roast Potatoes, Veg and Gravy Plus... a Dessert of the day		MEAL DEAL Choose from Mac & Cheese and garlic Bread v or Chicken casserole and cf Rice served with Sides Plus... a Dessert of the day	
Thai Vegetable Noodles v		Roasted Vegetable & Feta Wraps v served with Paprika Wedges	
		MEAL DEAL Choose from Sweet Chilli Quorn Dipper Wrap v cf or Battered Fish served with Chips and Veg Plus... a Dessert of the day	
		Korean BBQ Wedges v served with Sides	
JACKETS Served with a selection of toppings including Grated Cheddar, Tuna Mayonnaise, Baked Beans, + daily hot specials			
FRESH SEASONAL VEGGIES AVAILABLE EVERY DAY			



Low carbon meals have at least 38% lower carbon emissions than the average meal. Learn more about this calculation at www.eatcoolfood.org

Plant Based
Vegetarian
Halal option available
Low Carbon

Week 1

MONDAY

MEAL DEAL

Choose from

Sticky BBQ Quorn Meatballs 
or Sticky BBQ Chicken Meatballs 

served with Rice & Veg
Plus... a Dessert of the day

Margherita Pizza

served with wedges 

TUESDAY

MEAL DEAL

Choose from

Mac & Cheese and
Tandoori squash  
Or Mac & Cheese
and Garlic Bread

served with Sides
Plus... a Dessert of the day

Thai Veggie Noodles



WEDNESDAY

MEAL DEAL

Choose from

Sweet Potato Veggie
Shepherd's Pie and Side  
or Honey Glazed Roast Gammon or
Roast Chicken

served with Crispy Potatoes, Veg and Gravy
Plus... a Dessert of the day

Cheese Tomato Puff 

served with chips

THURSDAY

MEAL DEAL

Choose from

Peri Peri Veggie Strips  
Or

Peri Peri Chicken

served with Spicy Rice & Sides
Plus... a Dessert of the day

Vegetable & Mixed Bean Fajita

served with Wedges

FRIDAY

MEAL DEAL

Choose from

Sweet Potato, Pepper
Coconut Curry & Rice  
Or Battered Fish

served with Chips and Veg
Plus... a Dessert of the day

Penne Pasta in Tomato Sauce

served with Garlic Bread

JACKETS Served with a selection of toppings including Grated Cheddar, Tuna Mayonnaise, Baked Beans, + daily hot specials

FRESH SEASONAL VEGGIES AVAILABLE EVERY DAY



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Week 2

MONDAY		TUESDAY	
	MEAL DEAL Choose from Cajun Mayo Topped Hot Dog   or Cajun Chicken Thigh Burger served with Paprika Wedges & Sides Plus... a Dessert of the day	MEAL DEAL Choose from Veggie Bolognese   or Beef Bolognese  served with Spaghetti & Sides Plus... a Dessert of the day	
	Masala Paneer Burroti served with Street Rice 	Margherita served with Garlic & Paprika Wedges 	
WEDNESDAY		THURSDAY	
MEAL DEAL Choose from Cheese & Onion Pasty   or Roast Pork or Chicken served with Roast Potatoes, Veg & Gravy Plus... a Dessert of the day	MEAL DEAL Choose from Mac & Cheese and Honey & Ginger   Veggie Strips Or Mac & Cheese and Chinese Chicken served with Sides Plus... a Dessert of the day	MEAL DEAL Choose from Quorn Dipper Katsu Curry with Rice   or Battered Fish or Fish cake served with chips and Veg Plus... a Dessert of the day	
Penne Pasta in Tuscan Bean Sauce served with Rosemary Bread 	Sweet chili Noodle 	Vegetable & Mixed Bean Burrito served with Chips 	
JACKETS Served with a selection of toppings including Grated Cheddar, Tuna Mayonnaise, Baked Beans, + daily hot specials			
FRESH SEASONAL VEGGIES AVAILABLE EVERY DAY			



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Plant Based



Vegetarian



Halal option available



Low Carbon

Week 3